Relish
DELI & BAKERY

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Fortnightly Menu: 18th - 30th October 2021
- minimum of 48hrs notice on orders -

- BREAD -

Handmade by us, using local Shipton Mill Organic Flour

White Loaf - £1.80 *(contains gluten)*
Cheese & Red Onion White Loaf - £2.25 *(contains gluten & dairy)*
Mixed Seed Stoneground Loaf - £2.20 *(contains gluten)*
Granary Loaf - £2.00 *(contains gluten)*
Cheesey Granary Loaf - £2.50 *(contains gluten & dairy)*
Olive, Red Onion & Rosemary Focaccia - £3.20 *(contains gluten)*
Caramelised Onion, Garlic & Cheese Bread
sm £1.95 lg £2.95 *(contains gluten & dairy)*
Sundried Tomato, Basil & Cheese Bread
sm £1.95 lg £2.95 *(contains gluten & dairy)*

- BUNS -

Chelsea Bun - £1.20 *(contains gluten)*
Cinnamon Chelsea Bun - £1.40 *(contains gluten)*
Lardy Cake - £1.20 *(contains gluten)*
Pain au Chocolat - 95p *(contains gluten, egg & dairy)*
Croissant - 95p *(contains gluten, egg & dairy)*
Almond, White Chocolate & Raspberry Brioche Bun
- £2.95 *(contains nuts, gluten, egg & dairy)*
Blueberry Crumble & Vanilla Custard Brioche Bun
- £2.95 *(contains gluten, egg & dairy)*

- QUICHES -

Cheddar cheese & the choice of two of fillings:
tomatoes, peppers, mushrooms, spring
onions, leek, broccoli, ham or bacon
8" - £5.80 or 12" - £15.00 *(contains gluten, dairy & egg)*
Smoked Salmon, Dill & Watercress Quiche
8" - £8.50 or 12" - £22.00 *(contains gluten, dairy, egg & fish)*
Goats Cheese & Caramelised Onion Quiche
8" - £8.20 or 12" - £19.00 *(contains gluten, dairy & egg)*
Mediterranean Vegetable & Feta Cheese Quiche
8" - £8.20 or 12" - £19.00 *(contains gluten, dairy & egg)*

- LUNCH -

Sliced Homecooked Honey & Mustard Ham -
£2.40 per 100g *(contains mustard & sulphites)*
Beef & Vegetable Pasty - £1.85 *(contains gluten, dairy & soya)*
Cheese & Onion Cornish Pasty - £2.00 *(contains gluten & dairy)*
Steak & Vegetable Cornish Pasty - £2.40 *(contains gluten & dairy)*
Sausage Roll - £1.70 *(contains gluten & dairy)*
Vegetarian Pizza Slice - £1.85 *(contains gluten & dairy)*
Vegan Sausage Roll - £1.60 *(contains gluten & sulphites)*
Chorizo Sausage Roll - £1.80 *(contains gluten & dairy)*
Bacon, Cheese & Caramelised Onion Puff
- £2.25 *(contains gluten & dairy)*

- SALADS -

New Potato Salad with Mayo & Spring Onions *(contains egg)*
New Potato Salad with Mint & Mustard *(contains mustard)*
Coleslaw *(contains egg)*
Waldorf Salad *(contains egg & nuts)*
Greek Salad *(contains dairy)*
Moroccan Spiced Giant Couscous *(contains gluten)*
Carrot & Beetroot Salad
Stir Fried Noodle Salad *(contains gluten, egg, soya & sesame)*
Three Bean & Roasted Red Pepper Salad
sm £3.25 *(250g)* lg £6.50 *(500g)*
Coronation Chicken *(contains egg, mustard & sulphites)*
sm £3.95 *(250g)* lg £7.90 *(500g)*

- MAIN MEALS -

Handmade by us, prepared and cooked fresh, using local ingredients & free-range meat from Cam Catering Butchers - ready to reheat at home!

Beef Lasagne *(contains gluten & dairy)*
sm £4.40 *(serves 1)* lg £6.00 *(serves 2)*
Cottage Pie *(contains dairy)*
sm £4.30 *(serves 1)* lg £5.90 *(serves 2)*
Savoury Beef Crumble *(contains gluten & dairy)*
sm £4.30 *(serves 1)* lg £5.90 *(serves 2)*
Free Range Chicken in a Creamy White Wine & Pesto Sauce with Spinach & Bacon *(contains nuts, dairy & sulphites)*
sm £5.80 *(serves 1)* lg £8.3`0 *(serves 2)*
Free Range Creamy Chicken Curry with Spinach, Peppers & Chickpeas *(contains mustard & sulphites)*
sm £5.80 *(serves 1)* lg £8.30 *(serves 2)*
Beef Bourguignon with Bacon & Mushrooms
(contains sulphites)
sm £5.90 *(serves 1)* lg £8.40 *(serves 2)*
Lamb with Apricot, Orange & Brandy
(contains dairy, mustard & sulphites)
sm £6.20 *(serves 1)* lg £8.50 *(serves 2)*
Shepherd's Pie with Sweet Potato Mash
sm £4.50 *(serves 1)* lg £6.20 *(serves 2)* *(contains dairy)*
Thai Red Mixed Vegetable Curry with Spinach & Mangetout
(contains mustard & sulphites)
sm £4.60 *(serves 1)* lg £6.60 *(serves 2)* *(suitable for vegans)*
Mixed Vegetable & Butterbean Lasagne
(contains sulphites, dairy & gluten)
sm £4.40 *(serves 1)* lg £6.00 *(serves 2)* *(suitable for vegetarians)*
Salmon, Cod & Smoked Haddock Fish Crumble
sm £5.20 *(serves 1)* lg £7.80 *(serves 2)* *(contains fish, dairy & gluten)*

- PIES -

Chicken & Ham Pie *(contains gluten, dairy, egg & mustard)*
med £3.60 *(serves 1)* lg £6.40 *(serves 2-4)*
Steak & Ale Pie *(contains gluten, egg & sulphites)*
med £3.70 *(serves 1)* lg £6.50 *(serves 2-4)*

- SIDE DISHES -

Cheesey Dauphinoise Potatoes (*contains dairy & gluten)*
sm £3.95 *(serves 1)* lg £5.25 *(serves 2)*
Roasted Root Vegetables
sm £3.85 *(serves 1)* lg £4.95 *(serves 2)*

- PUDDINGS -

Lemon & Lime Caribbean - £7.60 *(contains gluten & dairy)*
Salted Caramel Chocolate Torte - £7.60 *(contains gluten & dairy)*
Chocolate Rum Torte - £7.60 *(contains sulphites, gluten & dairy)*
Chocolate Roulade with Fresh Cream & Raspberries
- £7.75 *(contains dairy & egg)*
Cherry Bakewell Tart - £6.50 *(contains gluten, dairy, egg & nuts)*
Normandy Apple Tart - £6.50 *(contains gluten, dairy, egg & nuts)*